
EXERCISE 10

(This exercise is related to Unit 30)

To formulate a week's schedule, stating the activities that you will carry out with a group of 15 toddlers between two and three years of age. The toddlers stay in the centre from 8.30 a.m. to 4.30 p.m. You have one helper to assist you.

Briefly describe the play activities and the material required for them. Within the week you have been asked to take up the project 'Animals Around Us' with the children.

Objectives

- 1) To apply the principles of planning a curriculum and scheduling activities which you have read in Block 7.

You have read about formulating daily and weekly schedules. You know that the schedule of activities will depend upon the age group of children as well as the number of hours they are in the centre. This activity will give you practice in formulating a plan for a week.

- 2) To know the activities that can be carried out with older toddlers.

In Block 3 you have read about development during toddlerhood as well as the play activities to foster development. This exercise provides you an opportunity to identify and think about activities appropriate for children between two and three years of age.

Before the Exercise

- 1) Look at Unit 30 to refresh your memory about the factors to keep in mind while planning schedules. The Unit also gives an example of a day's schedule in a full-day centre. **Do not copy the schedule mentioned in the text.**
- 2) Glance through Unit 16 to recollect the play activities you can carry out with toddlers. You may have thought of some other activities as well. You can include these as well in the week's plan.
- 3) You have already done a similar exercise related to planning a week's curriculum for preschoolers in the Check Your Progress Exercise 2 of the Unit 30. If there were some aspects that you overlooked while doing that exercise, keep them in mind now.

Tips that will help you to do the Exercise

- 1) First formulate a tentative list of play activities that you plan to carry out during the week. Use the 'Checking Chart' described in Unit 30 to see whether or not you have included a few activities for each area of development throughout the week. In this way you will be able to take care that the plan is not faulty in this regard.
- 2) Check to see that there is a balance between structured activities and free play, indoor and outdoor activities, vigorous and quiet activities.
- 3) Remember that the theme for the week is "Animals Around Us". So some of the activities should focus on this theme.

Time to be spent on the Exercise

To read the entire exercise once	20 minutes
Referring to Unit 16 & Unit 30	20 minutes
Formulating the Schedule	45 minutes
Writing a brief description of the play activities	45 minutes

150 minutes = 2 hours 30 minutes

Friday

Handwriting practice lines consisting of 20 horizontal dotted lines for tracing and writing.

FEEDBACK ON EXERCISE 10

1) How long did it take you to formulate the schedule?

Less than 45 minutes

About 45 minutes

About 60 minutes

More than 60 minutes

2) Did you find the exercise

Useful Partly useful Not useful

Give reasons for your answer.

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3) Did you come across any difficulty in formulating the schedule? If yes, what was it?

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